



Sunday, March 9, 2025 – First Sunday in Lent Holy Eucharist: Rite Two – 9:30 a.m.

# The Word of God

## GREAT LITANY (BCP p. 148)

All stand.

O God the Father, Creator of heaven and earth,

## Have mercy upon us.

O God the Son, Redeemer of the world,

## Have mercy upon us.

O God the Holy Ghost, Sanctifier of the faithful,

## Have mercy upon us.

O holy, blessed, and glorious Trinity, one God,

## Have mercy upon us.

Remember not, Lord Christ, our offenses, nor the offenses of our forefathers; neither reward us according to our sins. Spare us, good Lord, spare thy people, whom thou hast redeemed with thy most precious blood, and by thy mercy preserve us for ever.

## Spare us, good Lord.

From all evil and wickedness; from sin; from the crafts and assaults of the devil; and from everlasting damnation,

### Good Lord, deliver us.

From all blindness of heart; from pride, vainglory, and hypocrisy; from envy, hatred, and malice; and from all want of charity,

#### Good Lord, deliver us.

From all inordinate and sinful affections; and from all the deceits of the world, the flesh, and the devil,

## Good Lord, deliver us.

From all false doctrine, heresy, and schism; from hardness of heart, and contempt of thy Word and commandment,

#### Good Lord, deliver us.

From lightning and tempest; from earthquake, fire, and flood; from plague, pestilence, and famine,

## Good Lord, deliver us.

From all oppression, conspiracy, and rebellion; from violence, battle, and murder; and from dying suddenly and unprepared,

## Good Lord, deliver us.

By the mystery of thy holy Incarnation; by thy holy Nativity and submission to the Law; by thy Baptism, Fasting, and Temptation,

## Good Lord, deliver us.

By thine Agony and Bloody Sweat; by thy Cross and Passion; by thy precious Death and Burial; by thy glorious Resurrection and Ascension; and by the Coming of the Holy Ghost, *Good Lord, deliver us.* 

In all time of our tribulation; in all time of our prosperity; in the hour of death, and in the day of judgment,

## Good Lord, deliver us.

We sinners do beseech thee to hear us, O Lord God; and that it may please thee to rule and govern thy holy Church Universal in the right way,

## We beseech thee to hear us, good Lord.

That it may please thee to illumine all bishops, Presiders, and deacons, with true knowledge and understanding of thy Word; and that both by their preaching and living, they may set it forth, and show it accordingly,

## We beseech thee to hear us, good Lord.

That it may please thee to bless and keep all thy people,

## We beseech thee to hear us, good Lord.

That it may please thee to send forth laborers into thy harvest, and to draw all mankind into thy kingdom,

## We beseech thee to hear us, good Lord.

That it may please thee to give to all people increase of grace to hear and receive thy Word, and to bring forth the fruits of the Spirit,

## We beseech thee to hear us, good Lord.

That it may please thee to bring into the way of truth all such as have erred, and are deceived, *We beseech thee to hear us, good Lord.* 

That it may please thee to give us a heart to love and fear thee, and diligently to live after thy commandments,

## We beseech thee to hear us, good Lord.

That it may please thee so to rule the hearts of thy servants, the President of the United States (or of this nation), and all others in authority, that they may do justice, and love mercy, and walk in the ways of truth,

## We beseech thee to hear us, good Lord.

That it may please thee to make wars to cease in all the world; to give to all nations unity, peace, and concord; and to bestow freedom upon all peoples,

## We beseech thee to hear us, good Lord.

That it may please thee to show thy pity upon all prisoners and captives, the homeless and the hungry, and all who are desolate and oppressed,

## We beseech thee to hear us, good Lord.

That it may please thee to give and preserve to our use the bountiful fruits of the earth, so that in due time all may enjoy them,

## We beseech thee to hear us, good Lord.

That It may please thee to inspire us, in our several callings, to do the work which thou givest us to do with singleness of heart as thy servants, and for the common good,

## We beseech thee to hear us, good Lord.

That it may please thee to preserve all who are in danger by reason of their labor or their travel,

## We beseech thee to hear us, good Lord.

That it may please thee to preserve, and provide for, all women in childbirth, young children and orphans, the widowed, and all whose homes are broken or torn by strife,

## We beseech thee to hear us, good Lord.

That it may please thee to visit the lonely; to strengthen all who suffer in mind, body, and spirit; and to comfort with thy presence those who are failing and infirm,

### We beseech thee to hear us, good Lord.

That it may please thee to support, help, and comfort all who are in danger, necessity, and tribulation,

### We beseech thee to hear us, good Lord.

That it may please thee to have mercy upon all mankind,

### We beseech thee to hear us, good Lord.

That it may please thee to give us true repentance; to forgive us all our sins, negligences, and ignorances; and to endue us with the grace of thy Holy Spirit to amend our lives according to thy holy Word,

#### We beseech thee to hear us, good Lord.

That it may please thee to forgive our enemies, persecutors, and slanderers, and to turn their hearts,

#### We beseech thee to hear us, good Lord.

That it may please thee to strengthen such as do stand; to comfort and help the weak-hearted; to raise up those who fall; and finally to beat down Satan under our feet,

#### We beseech thee to hear us, good Lord.

That it may please thee to grant to all the faithful departed eternal life and peace,

#### We beseech thee to hear us, good Lord.

That it may please thee to grant that, in the fellowship of [*name(s)* and] all the saints, we may attain to thy heavenly kingdom,

#### We beseech thee to hear us, good Lord.

Son of God, we beseech thee to hear us.

#### Son of God, we beseech thee to hear us.

O Lamb of God, that takest away the sins of the world,

#### Have mercy upon us.

O Lamb of God, that takest away the sins of the world,

#### Have mercy upon us.

O Lamb of God, that takest away the sins of the world,

## Grant us thy peace.

O Christ, hear us.

## O Christ, hear us.

Lord, have mercy upon us.

## Christ, have mercy upon us.

Lord, have mercy upon us.

## THE COLLECT OF THE DAY (BCP p. 357)

Presider	The Lord be with you.
People	And also with you.
Presider	Let us pray.

Almighty God, whose blessed Son was led by the Spirit to be tempted by Satan: Come quickly to help us who are assaulted by many temptations; and, as you know the weaknesses of each of us, let each one find you mighty to save; through Jesus Christ your Son our Lord, who lives and reigns with you and the Holy Spirit, one God, now and for ever. *Amen*.

# The Lessons

## FIRST READING: Deuteronomy 26:1-11

The people sit.

A Reading from the book of Deuteronomy.

<sup>1</sup>When you have come into the land that the LORD your God is giving you as an inheritance to possess, and you possess it, and settle in it, <sup>2</sup>you shall take some of the first of all the fruit of the ground, which you harvest from the land that the LORD your God is giving you, and you shall put it in a basket and go to the place that the LORD your God will choose as a dwelling for his name. <sup>3</sup>You shall go to the Presider who is in office at that time, and say to him, "Today I declare to the LORD your God that I have come into the land that the LORD swore to our ancestors to give us." <sup>4</sup>When the Presider takes the basket from your hand and sets it down before the altar of the LORD your God, 5you shall make this response before the LORD your God: "A wandering Aramean was my ancestor; he went down into Egypt and lived there as an alien, few in number, and there he became a great nation, mighty and populous. 6When the Egyptians treated us harshly and afflicted us, by imposing hard labor on us, 7we cried to the LORD, the God of our ancestors; the LORD heard our voice and saw our affliction, our toil, and our oppression. 8The LORD brought us out of Egypt with a mighty hand and an outstretched arm, with a terrifying display of power, and with signs and wonders; <sup>9</sup>and he brought us into this place and gave us this land, a land flowing with milk and honey. <sup>10</sup>So now I bring the first of the fruit of the ground that you, O LORD, have given me." You shall set it down before the LORD your God and bow down before the LORD your God. <sup>11</sup>Then you, together with the Levites and the aliens who reside among you, shall celebrate with all the bounty that the LORD your God has given to you and to your house.

ReaderThe Word of the Lord.PeopleThanks be to God.

## **PSALM: Psalm 91:1-2, 9-16** Remain seated. <sup>1</sup>He who dwells in the shelter of the Most <sup>†</sup> **High**, \*| abides under the shadow of the Al- <sup>|</sup> mighty.| <sup>2</sup>He shall say to the LORD, "You are my refuge and my stronghold, \*| my God in whom I put my <sup>|</sup> trust."|| <sup>9</sup>Because you have made the LORD your <sup>|</sup> refuge, \*| and the Most High your habi- | tation,| <sup>10</sup>There shall no evil happen to <sup>|</sup> you, \*| neither shall any plague come near your 'dwelling. <sup>11</sup>For he shall give his angels charge over <sup>|</sup> you, \*| to keep you in all your 'ways. <sup>12</sup>They shall bear you in their | hands, \*| lest you dash your foot against a **stone**. <sup>13</sup>You shall tread upon the lion and the <sup>|</sup> adder; \*| you shall trample the young lion and the serpent under your <sup>1</sup> feet. <sup>14</sup>Because he is bound to me in love. therefore will I de- | liver him; \*| I will protect him, because he knows my **Name**. <sup>15</sup>He shall call upon me, and I will answer <sup>|</sup> him; \*| I am with him in trouble; I will rescue him and bring him to **honor**. <sup>16</sup>With long life will I satisfy <sup>|</sup> **him**, \*| and show him my sal- **vation**.

#### SECOND READING: Romans 10:8b-13

Remain seated.

A Reading from Paul's letter to the Church in Rome.

<sup>8b</sup>"The word is near you, on your lips and in your heart" (that is, the word of faith that we proclaim); <sup>9</sup>because if you confess with your lips that Jesus is Lord and believe in your heart that God raised him from the dead, you will be saved. <sup>10</sup>For one believes with the heart and so is justified, and one confesses with the mouth and so is saved. <sup>11</sup>The scripture says, "No one who believes in him will be put to shame." <sup>12</sup>For there is no distinction between Jew and Greek; the same Lord is Lord of all and is generous to all who call on him. <sup>13</sup>For, "Everyone who calls on the name of the Lord shall be saved."

Thanks be to God.
The Word of the Lord.

### SEQUENCE HYMN The glory of these forty days (H 143)

#### GOSPEL: Luke 4:1-13

All stand.

DeaconThe Holy Gospel of our Lord Jesus Christ according to Luke.PeopleGlory to you, Lord Christ.

[After his baptism,] <sup>1</sup>Jesus, full of the Holy Spirit, returned from the Jordan and was led by the Spirit in the wilderness, <sup>2</sup>where for forty days he was tempted by the devil. He ate nothing at all during those days, and when they were over, he was famished. <sup>3</sup>The devil said to him, "If you are the Son of God, command this stone to become a loaf of bread." <sup>4</sup>Jesus answered him, "It is written, 'One does not live by bread alone.'"

<sup>5</sup>Then the devil led him up and showed him in an instant all the kingdoms of the world. <sup>6</sup>And the devil said to him, "To you I will give their glory and all this authority; for it has been given over to me, and I give it to anyone I please. <sup>7</sup>If you, then, will worship me, it will all be yours." <sup>8</sup>Jesus answered him, "It is written, 'Worship the Lord your God, and serve only him.'" <sup>9</sup>Then the devil took him to Jerusalem, and placed him on the pinnacle of the temple, saying to him, "If you are the Son of God, throw yourself down from here, <sup>10</sup>for it is written, 'He will command his angels concerning you, to protect you,' <sup>11</sup>and 'On their hands they will bear you up, so that you will not dash your foot against a stone.'"

<sup>12</sup>Jesus answered him, "It is said, 'Do not put the Lord your God to the test.'" <sup>13</sup>When the devil had finished every test, he departed from him until an opportune time.

DeaconThe Gospel of the Lord.PeoplePraise to you, Lord Christ.

**THE SERMON** The Rev. Michele Wiltfong

#### THE CREED (BCP p. 358)

All stand. We believe in one God, the Father, the Almighty, maker of heaven and earth, of all that is, seen and unseen. We believe in one Lord, Jesus Christ, the only Son of God, eternally begotten of the Father, God from God, Light from Light, true God from true God, begotten, not made, of one Being with the Father. Through him all things were made.

For us and for our salvation he came down from heaven: by the power of the Holy Spirit he became incarnate from the Virgin Mary, and was made man. For our sake he was crucified under Pontius Pilate; he suffered death and was buried. On the third day he rose again in accordance with the Scriptures; he ascended into heaven and is seated at the right hand of the Father. He will come again in glory to judge the living and the dead, and his kingdom will have no end. We believe in the Holy Spirit, the Lord, the giver of life, who proceeds from the Father and the Son. With the Father and the Son he is worshiped and glorified. He has spoken through the Prophets. We believe in one holy catholic and apostolic Church. We acknowledge one baptism for the forgiveness of sins. We look for the resurrection of the dead, and the life of the world to come. Amen.

#### THE PEACE (BCP p. 360)

All stand.

PresiderThe peace of the Lord be always with you.PeopleAnd also with you.

## The Holy Communion

## **OFFERTORY SENTENCE (BCP p. 376)**

The Presider says

Walk in love, as Christ loved us and gave himself for us, an offering and sacrifice to God. *Ephesians 5:2* 

OFFERTORY HYMN My God, accept my heart this day (H 697)

PRESENTATION HYMN Praise God from whom all blessings flow (H 380 v 3)

# The Great Thanksgiving

## SURSUM CORDA (BCP p. 361)

The People remain standing.

Presider	The Lord be with you.
People	And also with you.
Presider	Lift up your hearts.
People	We lift them to the Lord.
Presider	Let us give thanks to the Lord our God.
People	It is right to give him thanks and praise.

## PROPER PREFACE (BCP p. 361)

Facing the Holy Table, the Presider proceeds

It is right, and a good and joyful thing, always and everywhere to give thanks to you, Father Almighty, Creator of heaven and earth.

Through Jesus Christ our Lord, who was tempted in every way as we are, yet did not sin. By his grace we are able to triumph over every evil, and to live no longer for ourselves alone, but for him who died for us and rose again.

Therefore we praise you, joining our voices with Angels and Archangels and with all the company of heaven, who for ever sing this hymn to proclaim the glory of your Name:

SANCTUS S 124 Holy, holy, holy (BCP p. 362) Holy, holy, holy Lord, God of power and might, heaven and earth are full of your glory. Hosanna in the highest.

Blessed is he who comes in the name of the Lord. Hosanna in the highest.

WORDS OF INSTITUTION (BCP p. 362)

The People stand or kneel.

#### The Presider continues

Holy and gracious Father: In your infinite love you made us for yourself; and, when we had fallen into sin and become subject to evil and death, you, in your mercy, sent Jesus Christ, your only and eternal Son, to share our human nature, to live and die as one of us, to reconcile us to you, the God and Father of all.

He stretched out his arms upon the cross, and offered himself in obedience to your will, a perfect sacrifice for the whole world.

On the night he was handed over to suffering and death, our Lord Jesus Christ took bread; and when he had given thanks to you, he broke it, and gave it to his disciples, and said, "Take, eat: This is my Body, which is given for you. Do this for the remembrance of me."

After supper he took the cup of wine; and when he had given thanks, he gave it to them, and said, "Drink this, all of you: This is my Blood of the new Covenant, which is shed for you and for many for the forgiveness of sins. Whenever you drink it, do this for the remembrance of me."

Therefore we proclaim the mystery of faith:

Presider and People

Christ has died. Christ is risen. Christ will come again.

### EPICLESIS (BCP p. 363)

The Presider continues

We celebrate the memorial of our redemption, O Father, in this sacrifice of praise and thanksgiving. Recalling his death, resurrection, and ascension, we offer you these gifts.

Sanctify them by your Holy Spirit to be for your people the Body and Blood of your Son, the holy food and drink of new and unending life in him. Sanctify us also that we may faithfully receive this holy Sacrament, and serve you in unity, constancy, and peace; and at the last day bring us with all your saints into the joy of your eternal kingdom.

All this we ask through your Son Jesus Christ. By him, and with him, and in him, in the unity of the Holy Spirit all honor and glory is yours, Almighty Father, now and for ever. *AMEN*.

## THE LORD'S PRAYER (BCP p. 364)

And now, as our Savior Christ has taught us, we are bold to say,

People and Presider

Our Father, who art in heaven, hallowed be thy Name, thy kingdom come, thy will be done, on earth as it is in heaven. Give us this day our daily bread. And forgive us our trespasses, as we forgive those who trespass against us. And lead us not into temptation, but deliver us from evil. For thine is the kingdom, and the power, and the glory, forever and ever. Amen.

## The Breaking of the Bread

## FRACTION ANTHEM (BCP p. 364)

Christ our Passover is sacrificed for us; *therefore let us keep the feast.* 

## **INVITATION (BCP p. 364)**

The Presider says

The Gifts of God for the People of God.

#### **DISTRIBUTION (BCP p. 365)**

The ministers receive the Sacrament in both kinds, and then immediately deliver it to the people.

All are invited to God's Table. If you wish to receive communion, please come forward to the altar rail on either side. You may consume the wafer and sip from the larger chalice, or you may intinct (dip) your wafer in the wine from the smaller chalice before you consume it. It is perfectly OK to consume only bread if that is your preference. If you do not wish to consume the bread and wine but would like to receive a blessing, please come to the altar rail and cross your arms across your chest. Please use the hand sanitizer that is available up front or in your pew prior to coming to the altar rail. This will reduce the transmission of illnesses and protect those in our parish who are vulnerable. Thank you!

### **POST-COMMUNION PRAYER (BCP p. 365)**

After Communion, the Presider says

Let us pray.

Presider and People

Eternal God, heavenly Father, you have graciously accepted us as living members of your Son our Savior Jesus Christ, and you have fed us with spiritual food in the Sacrament of his Body and Blood. Send us now into the world in peace, and grant us strength and courage to love and serve you with gladness and singleness of heart; through Christ our Lord. Amen.

**BLESSING (BCP p. 366)** *The Presider blesses the people, saying* 

The blessing of God Almighty, the Father, the Son, and the Holy Spirit, be upon you and remain with you for ever. *Amen*.

## POST-COMMUNION HYMN At the Name of Jesus (King's Weston) (H 435)

#### DISMISSAL (BCP p. 366)

Let us go forth in the name of Christ.

#### *People* Thanks be to God.

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